

ONE / TWO DAY MODULES

	LONDON NW1 8PB	DORSET BH22 9AS	NOTTINGHAM NG18 5QP
TOUCH, MASSAGE & TRIGGER POINTS	18 JAN 2020	30 NOV 2019	29 JAN 2020
20 TOUCHES	6 JUN 2020	TBC	20 FEB 2020
NERVES AND NEURODYNAMICS	29 FEB 2020	28 SEP 2019	31 JAN 2020
METs	19 JAN 2020	1 DEC 2019	30 JAN 2020
PELVIS, HIP AND SPINE	4-5 APR 2020	TBC	17-18 FEB 2020
SHOULDERS	1 MAR 2020	TBC	19 FEB 2020
KNEE AND FOOT	9-10 MAY 2020	TBC	1-2 FEB 2020
K-TAPING	7 JUN 2020	29 SEP 2019	16 FEB 2020
	1 DAY: £175 2 DAY: £350	1 DAY: £145 2 DAY: £290	1 DAY: £145 2 DAY: £290

NOTTINGHAM COURSES ARE BEING RUN CONSECUTIVELY OVER THE COURSE OF 2 x 5-DAYS.

LEVEL 1: PILATES THERAPIST

COST:	£1400 PAYABLE IN FULL OR AS 6-MONTHLY INSTALMENTS OF 4 x £250 AND 2 x £200
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PILATES TEACHER TRAINING

EQUIPMENT BRIDGING COURSE: DORSET	£2,800 PAYABLE IN FULL OR AS 10-MONTHLY INSTALMENTS OF £280				
DATES:	14-15 SEP 2019	19-20 OCT 2019	9-10 NOV 2019	7-8 DEC 2019	18-19 JAN 2020
	8-9 FEB 2020	7-8 MAR 2020	25-26 APR 2020	23-24 MAY 2020	13-14 JUN 2020
MATWORK TRAINING: NOTTINGHAM	£2,500 PAYABLE IN FULL OR AS 10-MONTHLY INSTALMENTS OF £250				
DATES:	7-8 JUN 2019	26-27 JUL 2019	20-21 SEP 2019	11-12- OCT 2019	15-16 NOV 2019
COMPREHENSIVE TEACHER TRAINING	£3,800 PAYABLE IN FULL OR AS 10-MONTHLY INSTALMENTS OF £380				