

Intensive Bridging Course

August 2019

Open to both international and domestic therapists who hold a comprehensive Pilates qualification in matwork and/or studio/equipment, with a minimum of 2 years teaching experience.

The 10-day bridging course will be held at the **Bridgeham Clinic** based near Gatwick. The venue has great transport links, and is ideally placed for international and domestic students alike.

COURSES

9 August:	Touch, Massage & TP's
10-11 August:	Pelvis, Hip & Spine
12 August:	K-Taping
13 August:	METs
14 August:	Nerves
15 August:	Shoulders
16-17 August:	Knee & Foot
18 August:	20 Touches

Courses can be booked as individual one or two day courses, or as the 10-day bridging course.

2019 Costs:

One day courses - £155.00

Two day courses - £310.00

10 Day bridging course - £1,400.00

OFFER! Any courses booked and paid for before the end of the year, will pay 2018 prices!

For further information, or to book, please email info@pilatestherapy.co.uk

